

## FAVOR Estonian Resource

### An Estonian recipe

Here's a chance to try your hand at cooking while learning Estonian. Recipes are a good way to learn the structure and vocabulary of a language, because the words and sentence structures are usually quite simple. And you can taste the results of your efforts! In this recipe below, for instance, the verbs are all simple infinitives. The words in the recipe are listed in alphabetical order at the end, in the form you find them in the recipe.

### Praetud seened

600 [kuussada] grammi värsked seeni      1 [üks] klaas piima  
3 [kolm] supilusikatäit rasva              4 [neli] supilusikat hapukoort  
1 sibul    valget pipart  
3 supilusikat kuivikupuru

1 Värsked seened pesta kiiresti ja kuivatada, kui on vajalik, siis kupaatada.

2 Seened tükeldada, kuumutada rasvas, lisada sibul, siis kuivikupuru, kuumutada ning lisada piim.

3 Keeta.

4 Maitsestada hapukoore ja valge pipraga.

5 Serveerida keedetud või praetud kartulite ja toorsalatiga.

### Vocabulary

grammi *grammes*

hapukoore *sour cream* hapukoort *of sour cream*

ja *and*

kartulite *(of) potatoes*

keedetud *boiled* keeta *boil*

kiiresti *quickly, rapidly*

klaas *glass*

kui *if*

kuivatada *dry*

kuivikupuru *dry breadcrumbs, rusks*

kupatada *parboil, scald*

kuumutada *heat*

lisada *add*

maitsestada *flavour*

ning *and*

on *is*

pesta *wash*

piim *milk* piima *of milk*

pipart (some) *pepper* pipraga *with pepper*

praetud *fried*

rasva *of fat, grease (margarine, oil)* rasvas *in the fat/grease*

seened *mushrooms* seeni *of mushrooms*

serveerida *serve*

sibul *onion*

siis *then*

supilusikatäit *soup-spoonfuls*

toorsalatiga *with fresh/raw salad*

tükeldada *cut up*

vajalik *necessary*

valge *white* valget (some) *white*

või *or*

värsked *the fresh (pl.)* värsked (of) *fresh*